

HOW TO *choose*

YOUR GUIDE TO SERVICES AROUND YOU



Knox and Brothers
FUNERAL HOME



HOSPICE of HOPE
Hospice Care Center



Comprehend, Inc.
Your Community Source for Mental Wellness



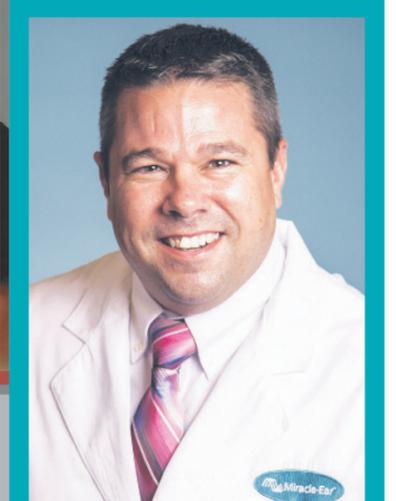
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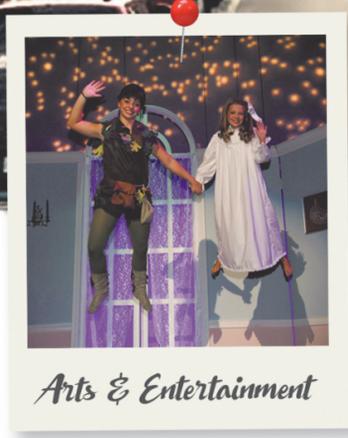
THE LEDGER INDEPENDENT



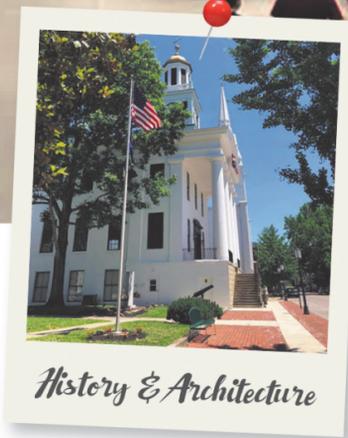
A-MAYS-ing Maysville
It all starts downtown



Festivals & Fun



Arts & Entertainment



History & Architecture



Shopping & Dining

There is always something going on in Maysville, especially downtown. Nestled along the Ohio River and surrounded by beautiful historic buildings, it should be your first stop to dine, drink, and shop in truly unique locations. While there, you are only steps away from live theater, art galleries, bourbon culture, and what is considered to be the largest exhibit of artistic miniatures in the world. Enjoy all that among some of the friendliest people you could ever meet. Don't wait, make Maysville your new Kentucky home.

Explore Maysville to see why it *really is* 'One of the Most Charming Small Towns in America'!



www.cityofmaysville.com

HOW TO CHOOSE:

A Furniture Store



**Amish Built,
Owned and
Operated**

Here at the Wagler Home we've got lots to be thankful for this day. Steve and I started our furniture business in November 2005 - after years of dreaming of having Daddy home every day, "our" dreams were finally unfolding. Steve worked on a carpenter crew since his teen years, then had his own crew for 10 years working in Indy building homes for the Estridge Group - had lots of good times - yet "our" boys needed Dad and we kept longing to have him home every day.

We were both raised on the farm, so this is different for us to try and run a business. Lou, Kristina, and I took care of most of it for 6 years while Steve was pulled back and forth from remodeling homes to helping us evenings with work. This November we will now be in business 12 years, with Steve home every day for the past 6 years. Thanks to God our Father and to you, our customers for making this possible. We stock indoor and outdoor furniture besides children's

swing sets. Barns, sheds, and cabinets to suit your size and style.

Son in law Jacob helps us 5 days a week, which has been a big help and an added blessing. Our boys Stef, Jesse, and Aden fill in on deliveries and set-ups as well as cleaning and mowing. Neighbor girls lift the load on the dusting end, which is never ending.

If you're in our area feel free to stop and take a look or just to sit in our rocker or swing for a chat. Our customers have also become our friends. - Give us a call. There may be a warm sweet roll, cookie, or coffee ready and waiting for the relaxed moment on the front porch. - Come join us!

- The Wagler Crew



Think Spring

Furniture for the entire home, gift items, lawn furniture and cabins



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Funding Options



*David, Missy, and
Madison Lawrence*

Knox and Brothers Funeral Home
625 East Second St., Maysville Ky.
606-564-5522

Longtime Traditional Funeral Home



Knox and Brothers Funeral Home, is a longtime traditional funeral home serving the families of Maysville and the surrounding communities since 1910. Our distinctive two-story building that was built and completed in 1884, has been used as a funeral home since the early 1920's. The building was built by the Sphar family and completed in 1884. With rich tradition of the early families in Maysville and the present families of today, we are still committed to providing compassionate and professional care and consistently here to deliver a high standard of service to the families that we serve.



The business began with R. G. Knox and after his death was continued by his son, Albert Knox and Grandson, Billy Joe Knox. In 1980, Robert G. Brothers joined the Knox family as a partner and later became the sole owner after the deaths of Albert and Billy Joe.

Mr. Brothers later sold the firm to Keystone Group Holdings, who in 2010 sold the firm to Service Corporation International. During this period, Mr. Brothers acted as the manager of the firm until the end of 2011. David Lawrence, a longtime funeral director and embalmer for the firm was made

manager of the firm in the beginning of 2012 and in April of 2018, Mr. Lawrence purchased the firm from Service Corporation International, bringing the ownership back to "Locally owned and Family operated"!



David was born in Maysville, Kentucky and is a 1981 graduate of the Maysville High School. He attended Maysville Community College and is a 1988 graduate of the Cincinnati College of Mortuary Science. He is a member of the Central Baptist Church, where he serves as a Deacon, a member of the Rotary Club of Maysville, where he is a past president, past secretary and a multi-term board member. He is currently the Mason County Coroner and served the community as a deputy coroner from 1999 to 2013. David has also served as board member with the Maysville/Mason County Chamber of Commerce, is a member of the Kentucky Coroner Association, and his firm is a member of the Funeral Directors Association of Kentucky.

David is married to the former Melissa Carpenter. The couple married in 1988 and have two children, Madison David Lawrence, who is currently serving his funeral directors apprenticeship with Knox and Brothers Funeral Home and Emily Lawrence Wade, who is a Registered Nurse with the Buffalo Trace Health Department. They have two grandchildren, Isabella Wade and Thomas Eli Wade. David's wife, Melissa will join the firm beginning in October of this year. David is the son of Lillie DeVaughn Lawrence Hughes of Maysville and the late Rev. Eugene Lawrence.

The staff of Knox and Brothers Funeral Home not only consist of the Lawrence family. We have a dedicated team consisting of Bill Hensley, Carroll Price, Ramon Young and Rebecca Bradford. Since his purchase of the firm in April, David is dedicated to offer traditional funerals at traditional prices, as well as cremation services and preneed opportunities to help consumers prepare their families for cost savings in the event of their death.

We offer a no obligation free consultation to consumers wanting to inquire on pricing and knowledge regarding funerals and cremations.



For an appointment call 606-564-5522.
knoxbrothersfuneralhome.com

HOW TO CHOOSE:

A CATERER

Ready, Set, Celebrate with D & D Catering at the newly renovated MAYSVILLE EVENT CENTER



David and Carly preparing for our guest! will likely draw from past experiences.



An array of buffets to suit your budget

Hosting a successful event takes plenty of forethought, as well as a supportive team of professionals. A good caterer is essential for creating a memorable occasion. Experienced caterers can be a tremendous assistance whether you are planning a large event or intimate celebration.

A caterer can create impressive, delectable dishes with a high sense of professionalism. Most caterers take great pride in their work. They can discuss other resources, including professionals, that can assist turning your event into a magical occasion.

Choosing the right caterer means you will have time to enjoy your party.

Here are some tips to consider when looking for a high quality caterer:

Before speaking to a prospective caterer, note everything you know about your event. Details might include date, time, location, number of guests and budget. You can also suggest certain types of foods. It might help to tell the



Fruit stations available

caterer about the venue decor, but most importantly the caterer should visit the venue prior to the event.

Check the phone book and the Internet for local caterers. After you have compiled a list of possibilities, schedule a meeting and prepare your questions. In particular, ask about delivery, time frames and budget. The caterer might have suggestions or ideas about your event. Listen with an open mind. Since these professionals are in the event business, they

It is always a good idea to ask for client references. You should receive a list of names and contact information. Don't be shy. Call these references to inquire about the company's work. In addition, there are plenty of review websites where you can find valuable information.

The local health department will have a health rating for the caterer. A positive record demonstrates their commitment to safe food handling practices. It is also an excellent indicator of the caterer's overall quality.

Some caterers specialize in elaborately themed parties. These companies will offer suggestions on food that will complement your celebration. Other caterers have expertise in crafting menus that are customized to your guest list. D and D Catering can provide all of these services and more.

Caterers can guide you thru the entire planning process of your meal from hors d'oeuvres to dessert, with confidence and professionalism. Because you have thoughtfully chosen your caterer, your special occasion will be a huge success.

- New and inventive food ideas and presentations
- Quality staffing
- Works within food budgets
- Over 20 years of quality catering food service.

NEW MID-WEEK SPECIALS Monday thru Thursday

***Regular Menu's or a Menu of Your Choice**
***White Tables Cloth Service** ***Top Notch Staffing**
***Your Own Private Space**

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From the moment you acquire our services, a D&D Catering, Inc., consultant will guide you thru your special day, right thru the last dance.

MAYSVILLE EVENT CENTER OFFERS COMPLETE EVENT PLANNING

- Theme Parties | Box Lunches
- Drop Off Catering | Company Picnics
- Full Sit Down Served Dinner
- Buffets | Weddings | Receptions Banquets
- And Much More!!!

We are a fully licensed catering company with a full ABC Liquor license in the state of Kentucky.

We have a quality, professional service staff anticipating your every need on your very special day.

D&D Catering, Inc. will always guarantee your final cost prior to your event.

There will be NO last minute added pricing.

MAYSVILLE EVENT CENTER

formally the Maysville Conference Center



dcase@maysvilleky.net

Locally owned by David & Dianna Case
 24 E. Second Street,
 Maysville, KY 41056

606-564-4250

Like us on Facebook:

[www.facebook.com/D & D Catering, Inc.](http://www.facebook.com/D&D Catering, Inc.)

www.facebook.com/Maysville Event Center

HOW TO CHOOSE:

MENTAL HEALTH SERVICES

If you or a loved one is dealing with a mental health issue, there is no need to go through it alone. Everyone goes through a challenging time during their life. It helps to find a safe place to discuss problems. People from all walks of life seek professional mental health care for issues that range from substance abuse to psychiatric issues. Qualified professional assistance might be just the thing you need to get you through. Here are some things to keep in mind when looking for a treatment center.

FLEXIBILITY

Everyone is different, needs vary from person to person, depending on your issues and diagnosis. One of your first considerations is to look for a center that does not offer a one-size-fits-all approach to healing people. The best facilities will have a wide array of treatment options. Then they will tailor their services to fit specific situations.

These centers will have a range of choices. At one end of the spectrum, there might be short-term outpatient care that can be performed in any setting, much like one-on-one counseling. At the other end, there is full-time, long-term inpatient care in a hospital setting. But most cases will be somewhere in the middle of these two choices.

An ideal care center will be able to offer custom treatments for individuals. Whether you are seeking short or long-term care, the staff will be able to match you with the best care for your needs.

TEAM APPROACH

When people think of psychiatry, they often imagine one-on-one sessions with the patient lying on a couch. In reality, mental health care should involve a multidisciplinary approach. Psychiatrists and Psychologists are just the beginning. Other behavioral and wellness professionals can also assist in treatment.

There may be medical professionals like nurses and licensed therapists, along with social workers, case managers, teachers and therapists. It all depends on the diagnosis and desired outcome.

A good treatment center will be able to utilize a team of professionals who



can work on a patient's health from multiple angles for the most successful results.

FAMILY INVOLVEMENT

When family gets involved in the treatment process, treatment has a better success rate. Mental health professionals appreciate the support that a family can give the patient.

In addition, some issues — especially addictions — often lead to emotional and stressful family struggles. It is essential that the whole family learns how to deal with these dynamics.

Education is key. The best treatment centers encourage honest, open dialogue among family members. The family must establish healthy, clear communication about the issues they've been experiencing.

Emotional, mental and substance abuse issues do not affect just an individual. Everyone feels the impact in major ways, and all of those people can become involved in supporting the right health solution for the patient and

themselves.

QUALIFIED/LICENSED PROFESSIONALS

Therapist must meet certain educational requirements to be become a therapist in the United States. Each state establishes its own licensing requirements for therapist. The minimum educational credential to become a therapist is a master's degree and the completion of a certain number of supervised clinical hours. Psychiatrists are required to obtain a doctoral degree and undergo a four-year residency training. Licensure laws are intended to protect the public by limiting licensure to those persons qualified to practice as defined by state law.

ONGOING SERVICES

Reputable programs will have a strong aftercare program. They will recommend a course of ongoing, continuing care to keep the patient on track with their recovery.

This last stage can make a big differ-

ence over the long run. It will help the patient ease into daily life while still receiving continuing care.

A mental health center should be able to arrange for ongoing services, such as outpatient care, support groups or recovery residences to ensure as smooth a transition as possible once the initial, intense stages of treatment are completed.

Comprehend, Inc. is the state designated mental health care center for the Buffalo Trace Region. Comprehend was awarded the highest level of accreditation for its Mental Health, Substance Abuse and Prevention programs by the Commission on Accreditation of Rehabilitation Facilities (CARF). The CARF Accreditation is a testament to Comprehend's commitment to the continual pursuit of excellence in behavioral health services by providing the highest quality individualized care through a staff of fully licensed, dedicated and expert professionals, thereby becoming the provider and partner of choice.



WHERE EXPERIENCE AND QUALITY GO HAND IN HAND



Comprehend, Inc. is a team of experienced staff who provide quality health care.

Our staff consist of fully licensed, compassionate, and highly skilled Behavioral Health professionals who are here to assist you in navigating life's difficult challenges.

Serving Mason, Lewis, Bracken, Fleming & Robertson Counties

Tel: 888-328-0470 or 606-564-4016



HOW TO CHOOSE:

A REAL ESTATE COMPANY

Whether you are contemplating your first real estate transaction or if you are a seasoned buyer and seller, having the right agent and real estate company can make all the difference. Ask friends and family who they used as their agent. Hopefully the same name will come up over and over again and that's a great place to start. Here are some ideas to keep in mind when you meet with agents.

Information may be found online at the state's website.

How experienced is the agent

Experience is very important! An agent with years of experience has a good sense of how to handle a real estate transaction..Ultimately, what you're looking for is someone who is actively engaged in a particular area and price range. You'll want an agent to demonstrate knowledge of the area and homes in your price range.

Talk with recent clients

Ask agents to provide a list of what they've listed and sold in the past year, with contact information. Call a few of these clients and ask what they liked most and least about working with that agent and how their overall experience was.

Check for license and disciplinary actions

Check with your state's regulatory body to find out whether a prospective agent is licensed and if there have been any disciplinary actions or complaints. The infor-

Look at the agent's current listings

Look at how closely the agent's listings mirror the property you want to buy or sell. Are they in the same area? Is the price range similar? Does the agent have enough listings to indicate a healthy business, but not so many that you'd just be a number? You want a busy agent. Just not one who is so busy they don't have time for you! Most buyers are starting their search online these days . You want to make sure your agent has an online presence and uses the internet to

The Best in the Business



Debi Beiland, Principal Broker
606-584-1485

advertise their listings.

Gauge the agent's knowledge of the area

A good agent should know about other properties that are available in the area. Mention a house in your area that recently has sold or is for sale.If the agent knows the property and can give you a few details, that means he or she

really knows your area. This is important if you are a buyer too. You want an agent who can advise you on what offer to make and to do that the agent must know the comparable listings and sales in the area. Whether buying or selling Limestone Properties looks forward to serving you.

Thank You!

Thank you for your support in choosing us as **Best of the Best Real Estate Company in 2018.**



Thank you for honoring Sharon Lightner with your vote for the Best of the Best Real Estate Agent 2018.



Debi Beiland
Principal Broker
606-584-1485

I am blessed to have worked with the most wonderful people! I have enjoyed assisting each of you in pursuing your dreams of the perfect home.



Sharon Lightner
Sales Associate
606-584-5181



Kelly Ashley
Associate Broker
606-584-2855



Linda Woehr
Sales Associate
606-584-5492



Leo McKay
Sales Associate
606-301-9191



Gayle Mullikin
Sales Associate
606-563-6314



Cindy Abel
Sales Associate
606-584-7696



Jena Pate
Sales Associate
606-584-1061

We all are so very fortunate to be a part of this wonderful company that takes such pride in the service we provide our customers and in giving back to the local community.

Limestone Properties, Inc.

102 West 2nd Street, Maysville, KY 41056

606-564-6846



Visit us on the web:
www.limestoneproperties.com

Member Buffalo Trace Multiple Listing Service
www.usamls.net/buffalotrace

HOW TO CHOOSE:

A HEARING AID PROVIDER

The most important factor in your satisfaction with hearing aids is the professional who fits them. It is this specialist who does the initial hearing testing, selects the electronics of the hearing instruments and adjusts their sound quality and fit. The specialist also provides counseling in adjustment to amplification, and strategies for better hearing. The best way to choose your hearing healthcare professional is through a referral from a friend or associate. If they are happy about the way they were treated, you probably will be too.

You may purchase your hearing aids from either a Licensed Hearing Instrument Specialist or an Audiologist. Both professions offer Board Certification for their members, an advanced qualification proving their competence. Ask about their credentials.

Ask about the size of the business and the business hours. Make sure that they have adequate staff to see you when you need them. Find out if there are other locations to serve you if you relocate or are traveling.

Make sure that your specialist offers a trial period of

at least 30 days. It can take several months to become completely accustomed to your hearing aids, but you should be confident that they will work for you before the trial period ends. It is common to pay a fee if you return the instruments within the trial period.

You may need several follow-up visits and regular check-ups during the years that you wear your hearing aids. Some specialists "bundle" their fees, charging one price for the hearing aids and providing all of the associated testing, service and follow-up at no charge. Others charge "a-la-carte". Either practice is acceptable, but make sure that you are aware of all of the fees when comparing professionals and the prices of hearing aids.

Of course, check to see if the practice that you are considering is a member of the Better Business Bureau. Check with the BBB to see if there is any pattern of unresolved complaints.

Hearing aids open a world of better hearing. Choose your hearing professional wisely, and listen to life again.

FACTS ABOUT HEARING LOSS

Hearing is essential to full enjoyment and participation in life. Unfortunately, today 1 in 10 Americans – over 55

million people – experience some degree of hearing loss. Hearing loss in the third leading chronic health condition among Americans, after arthritis and high blood pressure.

Prolonged loud noise is a more common cause of hearing loss than age. As future generations are exposed to ever-increasing levels of noise pollution, age will probably decrease, and environment increase, as a factor in causing hearing loss.

Noise can do more damage than you think and the risk is widespread. Every day, thousands of Americans expose themselves to noise levels that will almost inevitably lead to long-term hearing loss.*

BENEFITS OF WEARING A HEARING AID

According to a recent study, people with hearing loss who choose to hear better by using hearing aids say their decision made significant improvements in many areas of their lives. From closer relationships at home to greater independence in social settings, the study of over 2,000 adults with hearing loss clearly concludes that hearing aids improve lives.**

The study, which included 2,090 close family members and friends of hearing-im-



Rodney Dutlinger, BC-HIS Board Certified by the National Board for Certification in Hearing Instrument Sciences

TYPE OF IMPROVEMENT REPORTED	PERSON REPORTING IMPROVEMENT	
	Family Members	Hearing Aid Users
Relationships at home	56%	66%
Feelings about self	50%	60%
Relationships with children, grandchildren	48%	62%
Increase in social activities	—	30%

paired respondents, also determined that adults aged 50 and older with untreated hearing loss are more likely to suffer from depression, anxiety and paranoia. They also are less likely to partici-

pate in organized social activities.

* Source: League for the Hard of Hearing

** Source: The Consequences of Untreated Hearing Loss on Older Persons, May 1999.

TAKE A HEARING LOSS SELF-TEST

If you answer yes to any of these questions, you may have a hearing loss and should have your hearing tested by a licensed hearing instrument specialist or audiologist. Call your local Miracle-Ear Hearing Center to schedule a free hearing test.

- Yes** Do you have difficulty hearing over the phone?
- No**
- Yes** Do you have trouble following the conversation with two or more people talking at once?
- No**

- Yes** Do people complain that you turn the TV or radio up too loud?
- No**

- Yes** Do you have difficulty hearing in noisy situations?
- No**

- Yes** Do you frequently ask people to repeat themselves?
- No**

- Yes** Do people around you often sound as if they're mumbling?
- No**

- Yes** Do you misunderstand what others are saying and respond inappropriately?
- No**

- Yes** Do you talk louder than you used to?
- No**

- Yes** Do people accuse you of not paying attention or of not listening?
- No**

Yes, we do all that!

Having trouble hearing?

You can turn to Miracle-Ear® for:

- **FREE** hearing tests**
- **FREE** ear canal inspections** — a hearing loss may be just wax
- **FREE** hearing aid cleaning and tuning** — any make or model
- **FREE** computerized hearing aid analysis** — any make or model
- The 100% invisible Mirage CIC hearing aid* — It fits completely in your ear canal. No one will know you're wearing it!
- Full line of digital products, including the new open fit model

Currently have hearing aids?

Just like your car, it's important to have your hearing aids serviced regularly. No matter the make or model, we offer:

- **FREE** performance and function testing
- **FREE** comfort and fit analysis
- **FREE** ultrasonic cleaning



Contact us today!
Miracle-Ear Hearing Center
Inside Limestone Family YMCA
1080 US 68, Maysville
Wednesdays 9am - 5pm
(859) 371-4193 or (800) 535-7897

*Hearing aids do not restore natural hearing. Individual experiences vary depending on severity of hearing loss, accuracy of evaluation, proper fit and ability to adapt to amplification. Only your Miracle-Ear® representative can determine which models and options may be right for you. **Hearing tests, ear canal inspections, hearing aid cleaning and tuning, and REM analysis always free. Hearing test is an audiometric test to determine proper amplification needs only. These are not medical exams or diagnoses, nor are they intended to replace a physician's care. If you suspect a medical problem, please seek treatment from your doctor. © 2018 Hearing Services, LLC.

HOW TO CHOOSE:

A Hospital

Before you or a family member suffer an injury or illness, it is important to select a hospital in your area that best suits your needs. By checking their services in advance, you can make an informed decision in the event

of an emergency.

Most hospitals follow similar practices and procedures but not all facilities are the same

The presence of state-of-the-art equipment along with highly trained and experienced physicians and staff can make facilities better than the competition. Here are some things to consider when choosing a hospital:

INSURANCE COVERAGE

Do you need permission from your health plan (like a pre-authorization or a referral?) before you're admitted for hospital care? If you don't have insurance, call the hospital before you're readmitted, and ask to speak to someone about setting up a payment plan or other resources to help with payment.

LOCATION

Do you want a hospital near family members or friends? Does the hospital have convenience visiting hours and other rules that are important to you? For example, can a relative or someone helping you with your care



stay overnight in the room with you?

LOOK FOR A HOSPITAL THAT:

- Has the best experience for your condition
- Participates in Medicare
- Provides quality care
- Has high patient satisfaction scores

By knowing the facts and keeping your own priorities in mind, it will help ensure that your hospital visit is a pleasant experience.



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This facility and its affiliates comply with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-606-759-5311. (TTY: 1-800-305-9673.)

注意:如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-606-759-5311。

Your Local Pharmacy



Back in the old days, pharmacies were small neighborhood stores where everyone knew your name. You could receive personalized service. Their selection might be smaller, but the customer service was always superior.

These days, corporations own most of your neighborhood pharmacies. Not only do they carry medical-related products, but they might also have groceries, toys, cosmetics and other items.

Unfortunately, not every pharmacy will provide good, basic customer service. Amid all the products, some places have forgotten about their customers.

There are pharmacies that still care about their customers, however, and finding these stores is imperative. When deciding on which pharmacy for your prescription needs, consider these factors.

CONVENIENCE AND AVAILABILITY

Convenient location and hours will make filling prescriptions and purchasing medical products much easier. Usually, pharmacies tied to a corporate chain will stay open late. Locally owned pharmacies may be open during more limited hours, but they tend to provide personalized service and greater after-hours emergency contacts and care. Delivery service and drive-thru windows are great option for those with limited mobility, tight schedules, and sick children. If you can find a store near your doctor, home, work, or school, it will save you plenty of time. No matter what pharmacy becomes your favorite, always know where you can find 24-hour help in case of an emergency.

PRICING AND DRUG COVERAGE

If you have little to no coverage for your prescriptions, try contacting local pharmacies to ask if they have competitive pricing, coupons or generic options. Make sure you select a pharmacist who is willing to work with you and your doctor to find alternatives to costly medications.

Most pharmacies are willing to accept a majority of available drug plans. However, seniors on Medicare should pay close attention when choosing a pharmacy. Some Medicare Part D plans limit your access to pharmacies of your choice or demand mail-order. It is important to choose a pharmacy that can help you find fair and unbiased help in selecting a drug plan specific for your needs and location.

SERVICE

Customer service is a critical factor when choosing a pharmacy.

Do the pharmacist and staff remember your name? Are they happy to answer questions? Do you trust them? Do they provide one-to-one consultations about your medications? Many Medicare Part D and commercial insurance plans now offer free Medication Therapy Management programs (MTM's) designed to reduce the risks of adverse drug interactions and to ensure your medication is taken most effectively for your health.

It is always best to keep all of your prescriptions with one trusted pharmacy. Using different pharmacies is a recipe for disaster. It is a situation ripe for creating inadvertent drug interactions or overdoses. Maintaining all of your prescriptions

with one pharmacy means that the pharmacist can monitor your drug regimen to avoid adverse effects.

Medication synchronization programs and multi-dose packaging can help with medication adherence. Inappropriately taking prescription medications leads to numerous unnecessary hospital and nursing home admissions yearly.

Certain medications can deplete your body of essential nutrients. Your pharmacist should be able to suggest nutritional supplements and over-the counter medications safe and appropriate for use with your medicines and your particular health state.

Many pharmacists now offer other immunizations such as Flu, pneumonia, Shingles and Hepatitis A, T-dap (includes protection against tetanus, diphtheria and whooping cough).

Some pharmacies can provide compounding services allowing them to work with you physician to make customized medications, specific for your personal needs; from flavored, dye-free or hypo-allergenic medications, to hormone replacement programs and topical pain medicines.

Lastly, remember when choosing a pharmacy, not to settle for just anyone as your pharmacist. Your pharmacist is a healthcare professional that works closely with you and your doctor to help take care of your health and well-being.

While it may take some work to find a pharmacy that fulfills these criteria. With a little time and effort, you can certainly find one that fits your needs.

Customizing Pharmacy To **YOUR** Needs!



Mason Family Drug is a locally owned community pharmacy that emphasizes patient care and convenience. We offer competitive pricing, one-on-one consultation and drive-thru assistance, easy prescription transfers, free local delivery, synchronization of medications and multidose packaging, nutritional supplements and free children's vitamin program, custom compounding services, diabetic shoes and home medical assistance devices. Check out our selection of UK gift items and new candle section! Website: www.masonfamilydrug.com or Like us on Facebook!

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Friday 9am to 6pm
Saturday 9am to 1pm

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Hardymon Lumber

Maysville's Oldest and Only Local Lumberyard

Lumberyards have stood on the present site of Hardymon Lumber since Maysville's early days.

W.B. Mathews opened the Maysville Saw Mill at the current location of Hardymon Lumber in April 1869.



The same year he became a founding member of the Limestone Building Association.



Mathews changed the name of the business to WB Mathews & Co. in 1877 and by 1884 began selling other building materials. In the early 1900's Mathews sold the business to McAtee Case. He later changed the name to Limestone Lumber in 1916.

Around 1918 J.F. Hardymon came to Maysville from his hometown of Tollesboro, KY. He ran a very successful general contracting business and quickly gained recognition



as first rank among contractors of the state.

Hardymon partnered with Everett V. Fleming and purchased Limestone Lumber in 1927. He later changed the name to JF Hardymon & Co., which was run by the Hardymon family for 50 years.

In 1978 the company was sold to Jerry Rains and Terry Teegarden. They changed the name to Hardymon Lumber, Inc. On January 1, 2014 Jerry Rains sold his share of the business to the Teegarden family. Then on January 1, 2016 Terry Teegarden sold the business to Nicholas Teegarden and Terry Cooley.

As you can see there is a long rich history at Hardymon Lumber. Thank you for supporting Hardymon Lumber for the past 40 years. We look forward to serving Maysville and surrounding areas for many years to come.

Spring HOME TRANSFORMATION HEADQUARTERS

CertainTeed SAINT-GOBAIN

KINGSTON VINYL RAILING SYSTEMS

Includes: Top Rail, Bottom Rail, Square Balusters and Bracket Kit
Colors: Almond, Clay, Warm, Spice, Rustic Rose, Black
Stair Sections Also Available

6 ft. White 285006	\$114⁹⁵	6 ft. Colors 285006	\$129⁹⁵
8 ft. White 285008	\$149⁹⁵	8 ft. Colors 285008	\$169⁹⁵
10 ft. White 285010	\$189⁹⁵	10 ft. Colors 285010	\$214⁹⁵

CertainTeed SAINT-GOBAIN

DSI Columns

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ROUND FLUTED-Gloss White	6"x8' \$109 ⁹⁵	6"x10' \$139 ⁹⁵
	8"x8' \$144 ⁹⁵	8"x10' \$164 ⁹⁵
SQUARE FLUTED-Gloss White	6"x8' \$134 ⁹⁵	6"x10' \$164 ⁹⁵
	8"x8' \$184 ⁸⁵	
SQUARE SMOOTH-Textured White	6"x8' \$135 ⁹⁹	8"x8' \$169 ⁴⁹

*(Pricing includes cap & base.)

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Georgia-Pacific

Vision Pro Vinyl Siding

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D5 White **\$64.90** per square

Black & Red Hardwood Mulch **\$2.99 / Bag**

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Over 100 Ladders IN STOCK!
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Hardymon Lumber

"Your Hometown Lumber Yard"
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606-564-4071
www.hardymonlumber.com

HOW TO CHOOSE:

HOSPICE CARE

According to the Hospice Foundation of America, a third of all Americans choose hospice care when they are facing a life-limiting illness. Opting for hospice care can be one of the most compassionate decisions you and/or your family will ever make.

Hospice of Hope specializes in making their patients feel as comfortable as possible with services provided in a location where they call home. Patients can receive hospice services in their own homes, an assisted living facility, a nursing home, hospital and other residential locations.

Hospice is a special kind of care providing support and comfort for people who need end-of-life services however; it's just not for those affected by an illness. Loved ones also benefit from hospice care, as highly

specialized hospice employees support them through some of the most difficult moments in life.

Some diseases may require more specialized care and treatment than others. The hospice staff will consult with the patient's physician to talk about current symptoms, medical history, life expectancy, and most importantly patient/family wishes. They will then create an individualized plan of care to best meet the needs of the patient.

Talking about end-of-life care can sometimes be very difficult. You may have to ask and answer some extremely difficult questions and clear, caring communication is absolutely essential. Hospice of Hope has trained professionals that provide their time and personal attention to better ease your mind. They will be there to help prepare you for the tough questions and provide guidance about what to expect at each stage.



To be eligible for hospice care you first must be diagnosed with a life-limiting illness.

After the diagnosis, eligibly guidelines state that hospice care can begin when you are approaching the last six months of life expectancy. The final step of approval into the program is to gain hospice certification from a physician.

Since some physicians may hesitate to broach the subject of hospice care, you may need to bring it up yourself. Ask whether hospice care would be appropriate and which services might be most helpful to ease the end-of-life process.

You can also approach Hospice of Hope directly to ask about their services and if it is the right choice. They can provide professional guidance with the decision making process to ultimately help you choose the best options for care.

If you are facing some difficult decisions about end-of-life care, Hospice of Hope may be the answer. Call 606-759-4050 for a consultation to learn whether or not hospice services are appropriate. You have a choice when it comes to end-of-life care services – choosing earlier may be the best decision for you and/or your loved ones.

MYTH:

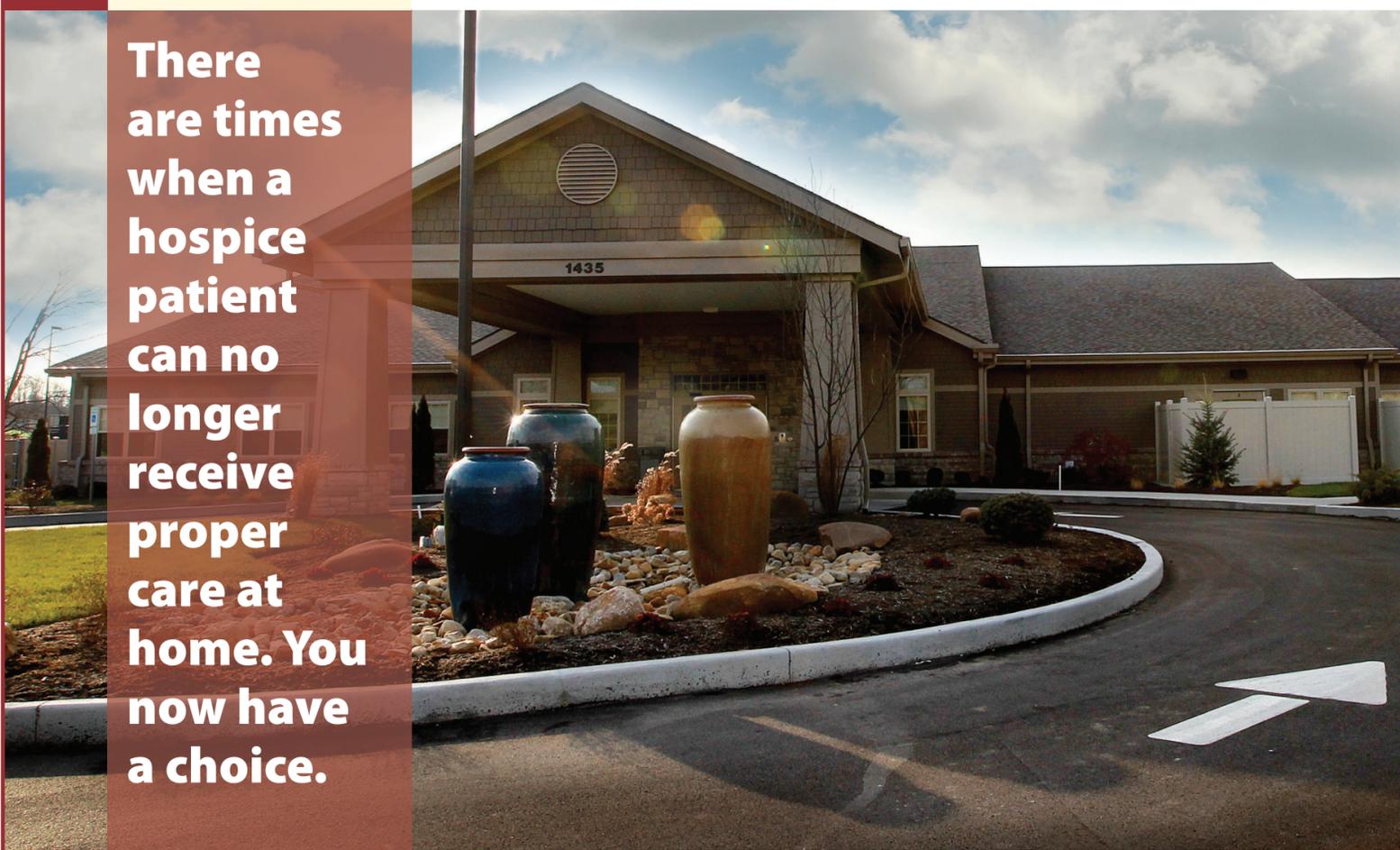
A physician must make a referral to Hospice of Hope

FACT:

Referrals may be made by anyone including family, patients, and friends. Once a referral is called into Hospice of Hope, the team will evaluate and if eligible, work with the patient's primary care physician and/or the hospice team physician for end-of-life care certification.

A PLACE unlike any other...
CARE the way it should be.

There are times when a hospice patient can no longer receive proper care at home. You now have a choice.



The Hospice Care Center is designed for short-term hospice care to manage acute symptoms, adjust medications and to provide pain control. The care center may be used when a patient needs medical attention than cannot be given in a home setting or for patients who are approaching death. The care center also offers respite stays for short-term caregiver relief.



606-759-4050

www.hospiceofhope.org

**1435 Kenton Pointe Way,
Maysville, KY 41056**

HOW TO CHOOSE:

A REAL ESTATE AGENT

When you are buying or selling a home, it is essential to choose the right real estate agent for your needs.

The best real estate agents are energetic, positive, and proactive, involved in their community, giving and outgoing. A good real estate agent cannot be shy or afraid to interact with people, but rather must be personable and communicative, outgoing with a good personality, as will need to interact with prospective customers and clients. A good agent is involved in local civic, religious, and charitable organizations, all of which permit the agent to interact with a large number of persons. These persons could not only be the person whom might take an interest in your property, but could — by word of mouth — lead to a person whom might be interested in your property.

An agent who is involved in the real estate business in a full time capacity is a plus, and an agent who has years of experience is also a plus, assuming that the agent keeps up with technological advances such as those enhanced marketing opportunities made available by the internet. Do not choose an agent only for their years of experience, but choose an agent who makes use of e-mail, the internet, and other emerging technologies and marketing capabilities available.

Selecting the wrong agent can cost you lots of time and money.

So how do you find the best agent for your situation? Here are some ideas to keep in mind.

**INTERNET MARKETING/
ONLINE PRESENCE**

When considering whom to

MORE RESOURCES

To get a better idea about the process of buying and selling a home, conduct some research on your own. Real estate magazines contain good information and can be a great way to start your research. Ask the agent the name of their website (the agent should know it intimately). Inspect and review the website on your own, or have the agent show you the features that the website offers. Does the website appear professional? Does it appear to be current and updated? Check out some of the listings (this is especially helpful if the agent is present to show the features of the website). Is there a location map? Are there tools for helping describe the property (interactive mapping or layers of varying map types; the potential to download documents about the listings; the ability to upload multiple photos of the listings, etc.). You may find housing statistics, market forecasts and tips, but nothing beats the power of networking. You need to find people with similar interests who will help you in your endeavor. Upon successfully buying or selling your home, keep your real estate agent's contact information on hand. You may want to refer other people to him or her. You may also need their services again someday.

utilize for listing your property, see who has a good online advertising program. The internet is the "go to" approach for most buyers in today's market place and other than a good personality and the ability to interact with prospective customers and clients, is likely the most important factor to consider in choosing a real estate agent. Does your agent have a database or e-mail list of potential customers looking to buy to whom he can submit monthly e-mails to show what listings are new, under contract, sold, or back on the market? Does your agent make use of the internet to market your property? With all of the technological advances available for marketing real estate, see if the agent/agency uses the LandsOfKentucky (www.landsokentucky.com) website. This website has outstanding mapping capabilities (make sure also that the agent you choose to utilize uses the mapping features that this site offers as the site will "auto-locate" a property based upon the address, without the boundary features being utilized. Also, if the address is not recognized, the location marker will default to the center of the zip code area rather than the property location).

The agent can not only mark the exact location of the property, but outline the approximate property boundaries in an interactive mapping program. This interactive mapping program can then be used by a prospective purchaser for setting up a drive-by so that the prospect can inspect the exterior of a property to see if it is a location that would be desirable prior to setting up an appointment. Also, the mapping capabilities of this website allow you to use layers to change the map view from a Satellite (or aerial) View, to a Map View, a Hybrid View (a combination of a satellite view with a map view), a Terrain View, a Topographical View, and it even offers a Flood Map view feature!

COMMUNITY INVOLVEMENT

A good agent is involved in their community. Ask the agent to provide a biographical sketch to see how they participate in public functions, charitable and civic organizations (even religious organizations), any place where the agent can interact with large numbers of potential prospects. Ask how they give back to their community. Persons who



are active in the public sector meet and greet a significant number of persons, and word of mouth is a valuable method of informing the public about a property and its availability, almost as important as the agent's online presence!

**WHERE TO START
LOOKING**

Recommendations are one of the best ways to find a qualified real estate agent or realtor. Ask people in your social network for referrals.

Sometimes agents are good at helping clients purchase homes, but not as skilled at selling them. Keep that in mind when searching for the right professional.

You might also contact local brokers or search the state licensing directory online. Always work with credible, responsible agents. Otherwise you are wasting your time.

COMFORT LEVEL

At the initial consultation with a prospective real estate professional, focus on your comfort level while interacting with them.

Do you get the feeling they

are genuinely concerned about your needs? Or are they focused on their commission? Do they know the current housing market? Can they negotiate a contract?

It is important that you feel comfortable with the agent. You must trust that this person can behave ethically and help you secure a good deal.

**COMMUNICATION AND
PLANNING**

Your agent should be an effective communicator. If you are selling your home, your agent should develop an effective marketing plan, explain it to you, and respond to any questions or concerns you have.

The marketing plan will probably involve placing advertisements and conducting open houses to invite the public for home viewings.

If you are purchasing a home, the agent should listen to your guidelines and price ranges.

Above all, your real estate agent needs to provide updates on progress. Do not work with someone who does not return phone calls or emails.

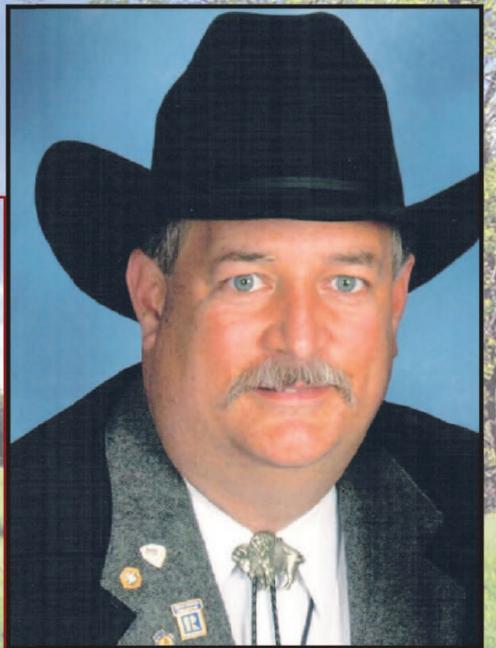
Craig A. Stanfield

A Name You Know You Can Trust

Craig A. Stanfield - 35 years experience in the real estate and auction business, obtained Real Estate Sales Associate and Apprentice Auctioneer licenses in 1984, upgrading to Real Estate Broker and Principal Auctioneer while working 16 years (14 of which were full-time) for another real estate/auction firm, before opening his own firm in 2000. Member Kentucky Auctioneers Association (KAA), Craig won the 2003 KAA Bid-Calling Championship, won awards for KAA Best Outdoor Signage and KAA Best Color Auction Ad Personal Property. Two term President Pioneer Trace Board of Realtors. Named "2014 Best of the Best Real Estate Agent" by readership of the Ledger Independent newspaper.

Craig believes in giving back to his community, donating time each year to conduct auctions to benefit various local non-profit organizations. Over the years, auction events have raised funds for local schools, parent-teacher organizations, and churches; Tollesboro, Highland Heights and Mt. Carmel Volunteer Fire Departments; civic organizations and religious institutions (Orangeburg and Tollesboro Lions Clubs and Ruggles Methodist Campground) and other non-profits including Mason Co. JROTC, Women's Crisis Center, Kentucky Gateway Museum Center, Red Cross, St. Jude's Childrens Research Center, Special Olympics, National Wild Turkey Federation, Ducks Unlimited, Friends of the NRA, Mason Co. LIA (Livestock Improvement Assn.), and benefits for persons/families in need. In 2013, Craig and his wife Beverly purchased the Tollesboro High School and donate use of the original school building to Lend-A-Helping-Hand Food Pantry. Active in civic organizations: 20 yr. member/Past Chair Buffalo Trace Area Development District (BTADD) Board of Directors, member BTADD Executive Committee, chair BTADD Revolving Loan Fund. Chair Kentucky Council Area Development Districts (KCADD). Member Lewis County Planning Commission, Lewis County Industrial Park Authority, Lewis County PVA Assessment Appeals Board; chair Tollesboro Industrial Park Site Advisory Committee. 29 yr. member/6 term president Tollesboro Lions Club; member St. Patrick Catholic Church. Life member Future Farmers of America Alumni Assn. and National Rifle Assn. Member/2 Time Noble Grand Ringgold Lodge IOOF, member Dekalb Lodge IOOF, Pisgah Encampment, James J. Welch Canton, and Maysville Mens Club.

2014 recipient "Community Service Award" by Woodmen of the World Chapter 890 and 2015 recipient "Regionalism Award" by BTADD for "outstanding contribution and dedication to Buffalo Trace Region". A blood donor (7+ gallons). Collector of local memorabilia 5 county Buffalo Trace Region (Bracken, Fleming, Lewis, Mason and Robertson Counties).



For all your real estate & auction needs, contact

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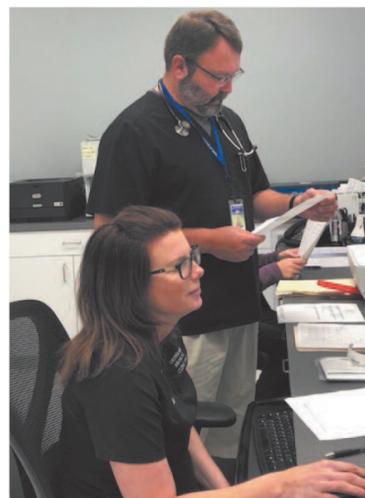
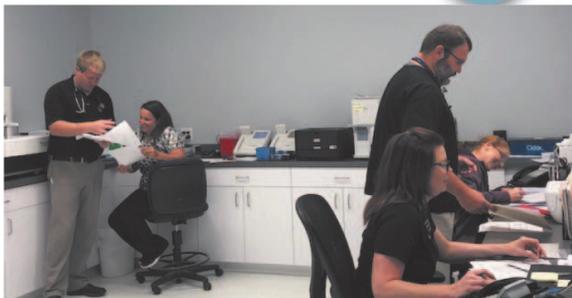
Denham Medical Clinic, PSC is a Family Medicine practice located here in Maysville Ky. The clinic was established in July of 2006 originally in the Browning Medical Building by Dr. William Craig Denham, M.D. The practice moved on top of the hill in November 2015 to 525 Tucker Drive. Andrew Appleman PA-C joined the practice in 2012. Elizabeth Blevins PA-C joined the practice in January of 2016. Both Physician Assistants have become valuable assets to the practice.

The Denham Medical Clinic offers a variety of services to meet your health care needs. These services include routine health screenings, routine health maintenance, pre-employment physicals, sport and school physicals, urine drug screening, care of chronic and acute illnesses, women's health and an onsite laboratory.

Denham Medical Clinic offers quality comprehensive care for the entire family. Our goal is to provide the highest level of care and respect for our patients and our families. We are currently accepting new patients and the majority of insurance plans are accepted.



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You can counting on us to help you to stay

Healthy.

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525 Tucker Drive
(606) 759-0002

Now Accepting Patients
Majority of insurance plans accepted.

525 Tucker Drive Maysville, Kentucky 41056 | 606-759-0002

HOW TO CHOOSE:

A NURSING HOME FACILITY

Family members deserve the best care, particularly as they grow older. A good nursing home facility can help parents, grandparents, siblings or other elderly loved ones live a happy, healthy life.

Placing them in a comfortable environment ensures that you have peace of mind knowing that they are receiving good attention and care.

There are several factors to consider when picking a care center. Making the right choice means your loved ones will enjoy happiness and longevity. It will also mean less stress for family members.

VISIT THE FACILITY

Take a tour of the potential facility. You should intuitively feel warmth and safety in this environment. Your visit will also provide clues about the general atmosphere and morale of the residents. There should be lots of natural light, cheerful colors, bright wall art and hints of laughter from the staff and patients.

Focus on the cleanliness, staffing levels and the appearance of other residents. Is the air fresh and free from unpleasant odors such as urine, feces and stale food? Are there enough nurses and attendants on duty? Are residents appropriately dressed? Do they seem clean and freshly bathed?

Bring the prospective resident along for the tour. This facility may become home. Your loved one deserves to have a voice in selecting the facility. Feeling welcomed are cues that this could be a positive living experience. Socializing is important.

Are there opportunities for residents to meet each other? Regular activities such as music and crafts or an outdoor area for enjoying the sunshine will en-



PHOTO PROVIDED

hance quality of life.

Most nursing home facilities are happy to provide a tour of the building. Once you see the environment, ask for a consultation with a staff member. This is an opportunity for you to ask questions and address special needs of the prospective patient.

Possible questions might include availability of physical and occupational therapy, accommodation of patients' doctors' appointments outside the facility and access to barbers and beauticians for the residents.

TALK WITH OTHERS

You might have a chance to talk with a relative of a patient who is currently living in the nursing home. Don't

be afraid of asking them for honest opinions about the facility.

Query them about the staff and quality of care received by the residents. Solicit their input on whether you should place your own loved one in this facility.

These relatives are usually eager to share their experiences with you. Hearing their impressions will help ease your own anxieties about this important decision.

ASK THE DOCTOR

If you are still unsure about your decision, or if you have reservations about the facility, discuss the matter with your loved one's primary care physician. This professional should also be able to

recommend good nursing facilities in your area.

The doctor may suggest additional facilities not on your original list. When your loved one has special needs, the doctor will know which facility or center can best meet these requirements.

Deciding to put a family member or loved one in a nursing facility is never easy. Carefully weigh the expectations of your family member with your impressions and the recommendations of others.

This is one of life's most difficult decisions. Taking the time and doing the research will result in a better quality of life for your loved one and peace of mind for yourself.

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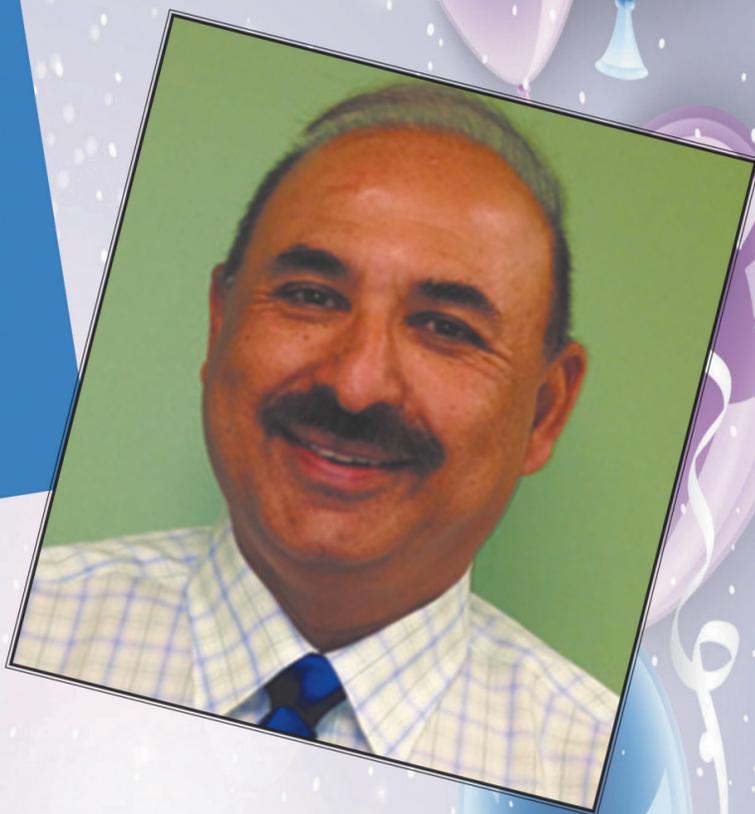


Surviving With Hope

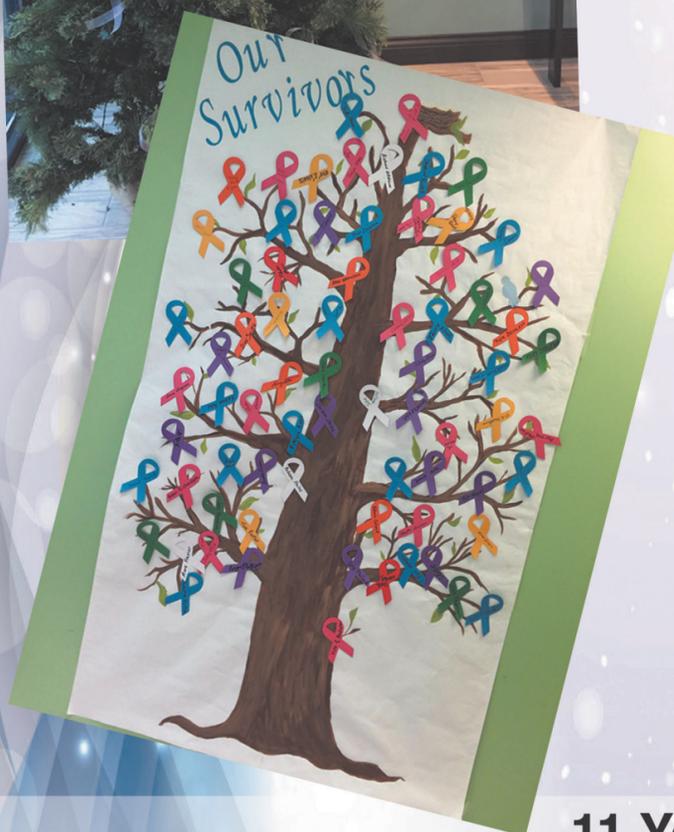
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